



**JOSIE KING FOUNDATION** at BCF  
*creating a culture of patient safety, together*

The Josie King Foundation funds innovative patient safety programs across the country. Our goal is to provide the initial funding to new ideas in safety practices, which can be implemented in other health care settings. Recent successes include:

**Care for the Caregiver**

The Care for the Caregiver project is a coping intervention that uses a self-administered expressive writing technique with a 20 year history in psychology research and practice. This practical tool can help caregivers cope not just with harm, but with a diverse array of job-related stressors and emotional upheavals. The ultimate goal is to enhance caregiver resilience for those who seek help in coping, so that they can come to their jobs feeling whole.

Researchers at the **Johns Hopkins Hospital** are teaching an ICU nursing unit how to practice expressive writing to respond to on-the-job stressors. They will use the information gained from the study to develop a toolkit for caregivers.

**Condition H**

Condition H was created to address the needs of the patient/family in case of an emergency or when the patient is unable to get the attention of a healthcare provider. The call provides our patients and families an avenue to call for immediate help when: they feel they are not receiving adequate medical attention; or if they become concerned with what is happening. When Condition H is called, a rapid response team arrives to the patient's bedside within minutes.

The Josie King Foundation made the initial investment in Condition H at the **University of Pittsburgh Medical Center**. After this successful implementation, hospitals around the country have begun to develop their own Condition H hotlines.

**The Josie King Grant for Nursing Innovation in Patient Safety**

The Josie King Grant is awarded to support nursing studies that focus on improving patient safety and reducing harm. In partnership with **Johns Hopkins Nursing**, the grant was established to support nurse-led studies at Hopkins that focus on patient safety. The award, up to \$10,000, supports the implementation of the proposed study. The grant recognizes the important contributions of nursing to patient safety, and seeks to inspire the nurses to publish their results so other nurses, patients, and health care institutions can benefit from these studies.

**“The Josie King Story” DVD**

The Josie King Foundation distributes “The Josie King Story” DVDs upon request. Education officers and meeting planners use the DVD to enhance presentations on patient safety and inspire caregivers to incorporate safety techniques into their daily work. Organizations requesting a copy of the DVD make a donation to the Josie King Foundation. These donations are used to fund more programs like those listed above.

*For more information on these and other Josie King Foundation-funded programs, please visit us online at [www.josieking.org](http://www.josieking.org).*